

The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

So This Is AA

By: Tracy C. | Denver, Colo. 2020

Alone at home with the shades drawn, she was completely powerless against alcohol

It was one year ago that I walked into my very first AA meeting. I have heard it said in meetings over these last 12 months that the only meeting that you are ever truly late for is your first. Boy, is that the truth!

I started drinking when I was 14. Not too often at first, but even so I became an alcoholic before I was even officially an adult. I went from getting excessively drunk a couple of times a week in my twenties to binge drinking every night of the week in my thirties. There are times at meetings I want to share a story from my drinking years, but so often I have little to share because every night was a blackout.

A couple of years before I came into these rooms, I found myself on one of my more brutally painful hangover mornings, looking online for local AA meetings. I saw several which were close to my house. For two years I knew of these meetings. I knew I could go at any time but continued with my insanity. My last year of drinking I was

diagnosed with severe panic disorder with agoraphobia. I had my groceries and alcohol delivered and rarely left the house. If I did leave, I had to be tipsy. My anxiety prevented me from being able to handle being in a car as a passenger or a driver; in time, I realized I would have a panic attack even on foot if I was out walking on a busy street. My world had become so small that I was no longer living my life. Alcohol was all that there was and I was completely powerless against it.

I have never known anyone who has been in AA before and I didn't know what to expect. I had been praying for quite a while for God to help me off of this road early death that I was on. Hango-

vers in my twenties consisted of a bad headache and nausea, only to be cured by a greasy cheeseburger and fries. Hangovers in my mid to late 30's though were more debilitating and resulted in me being in bed all day shaking, having chest pains and hearing voices. My 40th year and last year of drinking coincided. They were almost entirely made up of lying day and night in bed drinking and binge watching the Gilmore Girls on Netflix. I rarely showered or brushed my teeth. That is a pretty sad thought looking back. When I was finally given the strength by God to walk into these rooms one year ago, I was so welcomed and accepted right away. And I thought: So this is AA. All this love and wisdom and hope given freely by those who completely understand me. I was encouraged to go to 90 meetings in 90 days. I went to over 100 in those first 90 days and that created a healthy habit. AA had become part of my daily living.

I found a sponsor pretty early on and I must say that God is awesome for pairing me up with her. She is so passionate and knowledgeable about the program. She seems to have the Big Book memorized. I am sure that the Big Book sinks in more and more as we start to live by its principals and incorporate the program of action into our daily lives. As I recall, my own spiritual awakening was both immediate and gradual. I gradually learned from each and every one of you in this room, and from going through the Steps with my sponsor.

But there was an immediate spiritual awakening for me as well. When I first arrived and read through the Steps on the wall and started to look through the Big Book, there was something inside of me that experienced an absolute innate recognition of the truth. I knew this was going to work for me. My Higher Power is part of this truth—I have never truly been alone in any of this. I have had these tiny but frequent aha! Moments. Light bulb moments, I like to think of them as.

God became everything to me when I opened up and showed willingness to all that he offers.

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Visit our website at: www.aamilwaukee.com



May 1995

Give Me Enough Rope

By: Anonymous | Ohio

I am presently doing time in a maximum security institution for juveniles. I'm not able to attend any meetings, and I feel the need to share some of my experience, strength, and hope in order to stay sober--and help someone else if I can.

I'm a recovering teenage alcoholic. I started drinking on a regular basis at the age of nine or so. My early childhood was filled with the ugliness of alcoholism. My stepfather drank to excess and then he'd beat my mother and me. I told myself that I wouldn't end up like that and I meant it. But somewhere I forgot all that pain; I lost it the first time I got drunk.

My first drunk was a blackout, but I do remember that special feeling the whiskey gave me--the feeling that we alcoholics want to recapture time and time again, regardless of the price we pay or the consequences we endure.

My parents were divorced when I was about ten and I went to live with my mother. It was a long divorce, with them getting together for awhile, then things ending up worse than before. I used anything I could get my hands on in order to escape. I started smoking marijuana out of "necessity" because it was much easier to get hold of. But alcohol remained my drug of choice.

At this time, I started stealing "for the fun of it." I got off on the thrill it gave me. It was another form of escape. I also started getting into trouble with the law and at school.

My mother couldn't control me anymore, so she sent me to live with my stepfather. Again I was in trouble with the law and at school. My drinking increased and my stepfather finally gave up as well. He took me to court, charging me with being unruly, and thus I was made a ward of the court. I was given the choice of going to a foster home or a group home.

I chose what appeared to be the easier of the two. My foster home was with one of the nicest families I've ever met. They were far from rich, but they were full of good old-fashioned love. But alcohol had gotten its hooks in me, and I drank when I could, which wasn't too often. I remember going for bicycle rides and looking for full cans of beer along the road. I found them! During this time my mother was institutionalized in a mental hospital due to her drinking, and I felt I was to blame because of my actions when I'd lived with her.

After a year with the foster family, I was given the choice of remaining or moving in with my mother. For the sole reason of alcohol, I chose to live with my mother. I thought it would be my dream come true, but in a short time I found it to be more terrible than anything before. One day my mother "went off" and started throwing everything out of the apartment. The police came and she was taken away, tied down to a stretcher. I felt guilty so I drank excessively from this point on with little care about anything. I believe this is when I crossed that imaginary line of no return.

I went to live with my grandparents but they weren't equipped to deal with me, so I was sent to live with my aunt and uncle. I got in trouble with the law once again and was expelled from school for

good this time. I went back to live with my grandparents, for I had nowhere else to go. During this time I began eliminating things that I thought were causing me to have problems. Of course alcohol wasn't one of them. I seemed to think it was others around me, or maybe I was just jinxed when it came to life.

My stay with my grandparents didn't last too long. One night in a blackout, twelve hours after getting my driver's license, I took my grandparents' brand-new customized \$16,000 van out for a spin. I was picked up for driving while intoxicated and a long list of other charges. My grandparents gave me a choice: jail for grand theft or a rehabilitation center.

So now I was introduced to the Fellowship of AA. Strange indeed are these folks, I thought to myself. But I could relate. I remember that more than anything else. But ready I was not. My mother was now staying sober with the help of AA, and she told my grandparents to let me run my own course with little interference from them--in other words, give me enough rope to hang myself with. And I did. I kept going on binges every couple of months, each one worse than before. Each time I came closer to death.

On my last drunk, I wrecked my car and killed a close drinking buddy of mine. My world crumbled around me. I saw, at last, the horror of alcoholism. I had a decision to make--either commit suicide or surrender to God and AA.

I will soon be one year sober, one day at a time. I've been locked up for eight months now and am going to be released soon, with God's help. Prison life isn't easy, but it's where I had to get sober. I can't escape myself in here. I have to deal with myself--and the Steps are my keys to freedom.

We can all make it, one day at a time.

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April 2015

Part of something big

By: Allison D. | Glenside, Pennsylvania

How her dream to have a meaningful life became something to really cheer about

When I got sober 25 years ago, I was working at a state capitol building in the northeast. It was my dream job and I was in the process of applying to law schools. Yet on many days it was becoming increasingly difficult to get to work because of my drinking. Although I was a good worker when I showed up at the office, my duties also required me to attend evening events with free-flowing alcohol. I went into these soirées the vision of professionalism. I would dress up classy, smile and laugh at peoples' jokes, but in a short time I'd start to stagger and slur and everything would slowly fade into a blackout. Often, I'd leave and go to my usual watering holes on my way home. Not a pretty sight; not my ticket to the top. After I came into AA I found that it was not a job I could handle with my newly found sobriety.

But once I got sober, I began what I was sure would be my meteoric rise. The governor was running for president; I was in the senate chambers when he announced his vice presidential running

(BIG, Continued on page 3)

mate on national television. There was much cheering and fanfare, which was almost as intoxicating as alcohol—and I wanted more. There were these red, white and blue boater hats; I wasn't high up enough on the career ladder then to get one. But I swore that someday I'd be up that ladder and wear one of those hats. Everyone, including me, planned on riding coattails into Washington, but it wasn't to be: the governor lost the election, and my ego was about to take a huge beating.

Within the year, I married and became pregnant with my firstborn. Then my husband's job required a move to Philadelphia and I left behind all my family and friends for a new life. Years later, I "came to believe" that the move was God's way of helping me to stay sober, because for me everything was a "people, place or thing" in every state in New England that I had left behind—I had traveled as much as I had drunk. Early sobriety was hard, but it was truly a new beginning for me. I embraced motherhood, marriage, my new hometown and my new sobriety. I started master's level classes at a local university with the intention of applying to their law school soon. However, without the political contacts that I had carefully crafted over the years, I wasn't able to find a job like the one I had left behind. A year later, my first daughter was born and once again my ego was pummeled as my plans had to take a backseat to the realities of my life.

I returned to my humble beginnings as a teacher, where I remain to this day 25 years later. My delusions of grandeur faded into what I consider a sober life well lived. I had not expected to live past 30 prior to getting sober; all that traveling and drinking contributed to accidents and events that I was sure would end my life early. Instead, I have lived and stayed sober through the death of my first husband from this disease, a wonderful marriage to a sober alcoholic, the birth of a second daughter, my son's rehabilitation stints and a year in prison for several DUIs, his return to society, and the birth of my two beautiful grandchildren. Life on life's terms is truly my reality, not just a slogan I banter about at meetings. I won't deny that I sometimes think about that senate job I had. For all those years I thought that I'd never again get to have that incredible euphoric feeling of being a part of something big and meaningful, in a large festive convention—with a boater hat on.

Yet tonight, as I sat through another sobriety countdown with tears of joy glistening in my eyes, it hit me: I realized that my dream had indeed come true. I was at our Area 59 Eastern Pennsylvania General Service Assembly convention sitting in a large auditorium filled with over 750 cheering members, with balloons filling the air and announcements about our district numbers. And I was wearing a red, white and blue boater hat! I cheered on the newcomers and collected the ballots for our new officers. Then I heard the trusted servants we had previously elected speak from the stage. It was that dream from long ago finally come true and it had happened because I'd stayed sober one day at a time and learned through the program of AA how to let go and let God. Also, I knew then that something I'd been thinking about for a long time was about to happen: I was going to write this story and send it in to Grapevine. The plan that God had in mind for me was so much greater than the grand illusions I had once had for myself.

Recovery Begins at the End of the Road

By: Brad C. | Homer, Alaska

A new opportunity beckoned

My home group where recovery begins is called the End of the Road Group, in Homer, Alaska. I didn't get to the End of the Road Group until I'd been sober in Alcoholics Anonymous for just over six years, but a few months earlier I'd experienced an emotional bottom that was nearly the end of my sobriety. Then, in a very short space of time, many things in my life came to an end and one new opportunity beckoned: the company I was working for was sold, and the subsequent reorganizational changes were uncomfortable; my home for the past seven years had deteriorated to a state where demolition was the only effective repair; my term as DCM of an urban Oregon district was over; and my sister in Alaska needed help. With all these hints from the God of my understanding—added to a lifelong dream of living in Alaska—the direction was clear: quit the job, tear down the house, pass on the district to a new DCM, and go be of maximum service to God and the people about me in Alaska.

With family in town, I was not exactly a stranger to Homer, nor was I a stranger to the Fellowship in Homer—I'd been here before. On a prior visit I was even told to quit introducing myself as a visitor at meetings—anyone who ever came back to Homer, they told me, wasn't a visitor! It's that feeling of welcome and being home that brings many visitors back—some even, like me, to stay. But it wasn't always so.

AA came to Homer about twenty-five years ago, when two people from Kenai would drive down once a week, invited by the parish priest in the local Catholic Church to help a parishioner who had "a little drinking problem." Many a night the only people at those early meetings were the two from Kenai. Meetings were held for many years in the basement of the Catholic Church, later in the basement of the Methodist Church. Sometime in the early nineteen-eighties, a noon meeting was started in a room at the local glass shop. All of these early meetings were small; six attendees was a "large" meeting. About 1988 a strong personality got sober and "took charge" of Alcoholics Anonymous in Homer (and is still talked about though he no longer lives here). "The General" would order people to attend meetings, make sponsor-sponsee assignments, and even bought a building—committing Seventh Tradition monies to make the payments—in order to start an AA clubhouse. This was too much and there was a revolution. The General was unseated, and the members recognized that while a clubhouse was inappropriate for Homer, a dedicated meeting room was not. Space was found in an office building, where we still meet today.

By this time, there was one registered group (the Homer "Twelve and Twelve" Group, meeting at noon) and one unregistered meeting (the Third and Eleventh Step meeting at 8 p.m.) in Homer. These two groups agreed to share the expenses for the meeting room equally—but things didn't work out that way. The "Twelve and Twelve" Group was large enough to be self-supporting, and could easily afford its share of the costs. The Third and Eleventh Step meeting, on the other hand, was not—and when "money,

property and prestige divert us from our primary purpose," the war was on. This conflict, which produced a few casualties (isn't resentment the number one killer?), also resulted in a very positive solution, recorded in the minutes of a special business meeting held on December 4, 1994: "I move that the Third and Eleventh Step and the 'Twelve and Twelve' merge and form a single group, to be called the Homer End of the Road Group." The motion was seconded, discussed, and passed unanimously by those in attendance, according to those minutes. From the ashes of conflict rose a stronger unity and a recommitment to the primary purpose of Alcoholics Anonymous, to carry the message to the still-suffering alcoholic.

Homer, Alaska is found, literally, at the end of the road--it's "as far as you can go without a passport" (as the title of a book written by a local author suggests). Today, people from all over the United States come to Homer for the halibut fishing--and some to attend a meeting of the End of the Road Group, where the message is all about recovery from the illness alcoholism and where returnees aren't visitors but people who have come back home. We are all on the Road of Happy Destiny. I find it comforting that for some of us, the journey of recovery begins at the End of the Road.

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March 1990

To Love Rather Than Be Loved

By: Joanne L. | Madison, Wisconsin

When I was drinking, the whole world revolved around me, the Kingpin, or so I thought. I viewed my family members in light of how they helped or hindered my drinking. This perception followed me into recovery. It has taken me over five years of staying sober a day at a time to begin to get an inkling that these family members are individual people with feelings, fears, hopes, and dreams, independent of me.

Sharing around the tables started this awakening. Slowly I came to realize that my AA friends also shared the same daily struggles and successes that I had. But the awakening at home was even slower and more reluctant. While trying to work the Eighth and Ninth Steps, it was suggested that I demonstrate my willingness to make amends to my husband by saying daily the St. Francis prayer found in the Eleventh Step, inserting my husband's name, I was surprised how unwilling I was to do this, even though I had frequently chanted the refrain of how I wanted our marriage to work. The words of the prayer literally got caught in my throat as I tried to say, "Lord, grant that I may seek rather to comfort my husband than to be comforted by him--to understand my husband, than to be understood by him--to love my husband, than to be loved by him." What? No way! This was all too new. But I used to "act as if" and I continued to say the prayer daily whether I meant it or not. Slowly my attitude softened and I began to see a husband who has the same struggles as I have and who needs the same encouragement and love that I want.

Now as I pray and talk to my AA friends, I am learning that I am

capable of supplying some of that encouragement and love to my husband. I find that I am clumsy and inconsistent in my encouragement and frequently I feel inadequate and powerless. But that's OK, too. I had thought I was the greatest lover and the supreme care-giver but I am finding that I know very little about loving and caring. Yet with willingness, prayer, and a sense of humor I know I can learn how to relate to this man I have lived with for twenty years but whom I have just begun to really see.

And the children? I thought that would be easy. I've always loved and cared for them, or so I thought. Yet the process was just as surprising and demanding. The words of the St. Francis prayer again stuck in my throat. I found I wanted my kids to comfort me, to understand me, and to love me, more than the other way around. I was shocked--what kind of mother am I? I am not what I thought I was. But with this painful revelation has come the opportunity to listen and learn from my children.

Working the Eighth and Ninth Steps at home has opened my eyes to my family members who have feelings independent of me. I didn't know this before. I thought they all revolved around me, the Kingpin. It is a new freedom to discover that I am no longer the Kingpin, but instead only one in a family of five, all of whom are trying to find their own way in this world. For this I am grateful.

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February 1969

A job that needs doing

By: W. W. | Edmonds, Washington

Suggestion to Retired Committee Members

AA is about the only outfit where we can work our way from coffee-maker to committee member to Delegate, and in one day go back to being coffee-maker and not lose any prestige.

Oh, sometimes our ego gets hurt. We think, "They can't do this to me! Look how hard I worked for AA. I helped organize groups. I served as secretary, chairman. I got up in the middle of the night to call on sick guys. Why, that guy who got my job was taken to his first meeting by me. In fact, I almost carried him to meetings for weeks."

Then I remembered my sponsor. It took him three months to get me to my first meeting. I wouldn't be here now if it wasn't for his patience and understanding. I'm glad he didn't give up. He has passed on now, eighteen years sober. I could name dozens more that were responsible for my coming from a padded cell, near death, to a sober and happy life. Well, not so happy at first. I got my family back, and then, after three and a half years of sobriety, I had a slip and lost them again. Since then, I've been living sober for over six years. I have now been married for a year to a wonderful girl, who has been sober the same length of time; we celebrate our birthdays together each Labor Day.

Now I am a responsible member of AA. Now I am part of *us*. For we can do what I couldn't do alone. We can wear many different hats in AA, as a committee member, as a coffee-maker, as chairman, as GSR, or as just one more person at a meeting.

But I must always take into account my ego. No matter how often it was deflated, it bounced back to "run things" for AA. I was an activist. I couldn't seem to calm down. I felt that AA couldn't get along without me! Then, suddenly, after being Mr. AA, with lots of titles, I was back home without a label. I felt lost,

(GvR, Continued on page 5)

(GvR, Continued from page 4)

so I took my inventory. I took a new look at myself: what I was like, what had happened, and what I was like now. As my wife says, "It's all right to look back, but don't stare."

So now what do I do? Step aside and do nothing? No. I know better than that. After I crawled to AA, someone showed me how to walk. Now I have a new chance to help someone else out of his "wheelchair" and into the strength of the program. I can step back and look around me. I can help pick up loose ends, not as a bleeding deacon or an elder statesman, but as a working member, sober today, ready to help.

I take a look and pick a job that hasn't got a lot of glory to it. I see the Grapevine and read it through and say that everyone should read it, for it is a window on the whole AA world. Then I remember the good job lack H. did as Grapevine Representative for our State Committee, and recall that this is one job we in our district haven't done very well.

A job that needs doing

So now I have a label. I represent the Grapevine. I read little parts of interest from the current issue. I tell the story about the time I got drunk and my subscription ran out and my little granddaughter sent me a subscription for Christmas. (I stayed sober for four months then, maybe just through shame.)

I make suggestions for getting Grapevine subscriptions to the doctors and hospitals in our area, plus getting old copies to institutions. Someone asks me if I am working my way through college selling Grapevine subscriptions. I say "Yes," and it's true, too. I am learning a lot in my second time of growing up. Since I lost my precious titles, the meaning of our Second Tradition has finally sunk in: "Our leaders are but trusted servants. . . ."

I hope that old ego of mine stays deflated. I must remember that education means going from cocksure ignorance to thoughtful uncertainty. I can't live on past laurels. It's what I am doing right now that keeps me sober and thinking straight.

Anybody miss buying his Grapevine this month? If so, be sure to see me after the meeting. We have one copy left.

W. W. is one of four "known" State Committee Grapevine Representatives. (Oregon, California, and West Virginia provide the others.) Does your State or Provincial Committee have such an office? Please let us know if it does.

All Areas, Districts, and groups can expand the sharing of AA involvement by appointing Grapevine Representatives (GvRs, we call 'em).

Material will be sent to each new GvR as we receive the name and address. - The Editors

Reprinted with permission AA Grapevine, Inc. February 1969

May 2007

Is The Grapevine Conference-approved?

The answer is: yes and No.

The concept of every Grapevine item is carefully reviewed by the General Service trustees who sit on the Grapevine Board and by the General Service Conference, but they are not meant to express AA policy, so they are not officially Conference-approved.

The Grapevine is charged with publishing the diverse thoughts and feelings of AA members. That charge was adopted by the AA groups back in 1945 and approved by the 1985 and 1986 General Service Conferences. In the spirit of Tradition Two, the Fellowship and the founders felt it was important that no one body or person speak for AA. It was important to have a magazine and magazine-related items that reflected the full range of thought of AA members throughout the Fellowship, and not only those expressed by the General Service Board or the Conference. So individual issues of the magazine and Grapevine books are, by design, not Conference-approved.

The magazines and books are carefully reviewed, however. The Grapevine Conference committee carefully considers each book idea and informs the whole Conference in its Conference report. The concept is then forwarded to the Grapevine Board for approval and reported to the General Service Board. Then the Conference is given a year to review the idea so that if the Fellowship disapproves, delegates can come back the following year and recommend that a book not be published, if that is the group conscience.

All Grapevine items are made up of previously published Grapevine articles--so they are not new material. And many, like several of Bill's essays in *The Language of the Heart*, several Big Book stories, and the articles in AA in Prison, are reprinted in AAWS pamphlets and books that are Conference-approved.

Tradition Two suggests the Fellowship needs to be guided by the widest variety of AA thought to get a true group conscience. The Grapevine helps us achieve that.

Reprinted with permission AA Grapevine, Inc. May 2007

February 2001

Newsletters Can Help

Adapted from "The AA Grapevine Workbook"

Newsletters--either general AA newsletters or Grapevine ones--are a great way to get the news out about the Grapevine. Local and area AA newsletters are usually willing to cooperate with GvRs and carry Grapevine news. One area newsletter, for example, runs a "Grapevine Corner" in every issue. Such a feature might include news of upcoming issues or special items, or brief excerpts of Grapevine history. Some newsletters will reproduce or include Grapevine subscription forms. In one state, the AA newsletter--*Nebraska News*--made thirty percent of its space available to the Nebraska Grapevine News, which published articles by GvRs, notes from the chairperson, reprints of such items as the Traditions Checklist, and a list of "Lost GvRs" to prompt GvRs to keep listings current and up to date.

In one AA newsletter in Montana, the area Grapevine chairperson reached out to AA members with the following message: "My idea is to find out how effectively we are using the Grapevine and how we are passing along what a great magazine it is. Please take a few minutes to answer the following questions in a letter to me: Do you have a Grapevine subscription? If yes, do you tell others about the magazine? Does your group have one or more subscriptions? What do you do with your old issues? Do you share them with others? Do you use the Grapevine in your Twelfth Step work? Have you ever given anyone a gift subscription?"

Reprinted with permission AA Grapevine, Inc. February 2001

3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions, Reprinted with permission AA World Services, Inc. [Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.



Or Contribute using **PayPal** or your **Credit Card** from our website.

MILW. CENTRAL OFFICE

- E-mail us at: dan@aamilwaukee.com
- Hours:
M - F 9 a.m. to 4:30 p.m.
Sat. 9 a.m. - 12 p.m.
- Board of Directors Meeting, in-person. Wednesday following 2nd Tuesday (odd months) 6:30 p.
- A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, monthly meeting 1st Thursday at 6:00 p.m.

Spanish Speaking Meetings: Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our **CONTRIBUTE** button on our website: aamilwaukee.com or use our your **VENMO app** from your smartphone.

Meeting Space Currently Available

- DryHootch**, 4801 W National Ave. Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)
- West Allis Senior Center**, 7001 W National Ave, West Allis WI. Call Shanon at [414-302-8717](tel:414-302-8717).
- Luther Memorial Church**, 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- St Peter's Episcopal Church**, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- Anchor Covenant Church** 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2024 Weekend Retreats

Jesuit Retreat House,

4800 Fahrwald Rd.

Oshkosh, WI.

WI 54901,

call 800-962-7330

jesuitretreathouse.org

Men and Women

in AA, AI-Anon

Total cost: 4 days \$390.00.

Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

MEETING TIME CHANGE JANUARY 3rd 2024

LAKE COUNTRY GROUP Wednesdays at First Congre-

gational Church, 815 S Concord Rd in Oconomowoc

has **NEW MEETING TIME: 6;30 P.M.** starting Wednesday January 3rd, 2024 (previously met at 7:00 P.M.)

Southern Wisconsin AA Deaf Access Committee

P.O. Box 1982

Waukesha, WI 53186

District Number: _____

Group Name: _____

Donation: _____

Individuals may contribute as well.

DISTRICT MEETINGS

CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; **2 & 18** Green Lake & Marquette Counties & part of Waushara; **7** Kenosha; **17** Racine County; **8 & 30** Rock County; **9** Crawford, Grant, Iowa and LaFayette; **19 & 37** Richland & Sauk; **20, 21 & 26** Dane; **31** Columbia County; **35** Green; **37** Juneau County.

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

27. MILWAUKEE CNTY: 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is [824 0616 9567](https://82406169567) the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: [321 751 3275](https://3217513275), Passcode: 323232

34. WAUKESHA CNTY: 1st Tuesday of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09>

36. RACINE/KENOSHA: 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI, Calendar of Events 2024](#)
[9 A.M. to Noon except where noted.](#)

Sun [Mar 10th](#); [Apr 7th](#); [Jun 7th](#) 6:30 pm to Jun 9th, ECR Conference; [Jun 23rd](#); [Sep 15th](#); and [Fri Nov 1st](#) Noon to Sun Nov 3rd Noon, Area 75 Fall Conference.

- In-Person: Madison Senior Center, 330 W Mifflin St. Madison 53703. Contact Area Delegate Pete W. at delegate@area75.org
- [Zoom Meeting Contact Area Chair](#): Andrew I. chair@area75.org

In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Emily J. at 262-364-7275 or email: mcccoordinator@gmail.com

- **TAYCHEDAH CORRECTIONAL**, Fond du Lac, WI 54937
- **OAK HILL CORRECTIONAL INSTITUTION:** 5212 County Road M, Fitchburg, WI 53575
- **WAUPUN CORRECTIONAL INSTITUTION**, Waupun WI
- **FOX LAKE CORRECTIONAL**, Box #147, Fox Lake, WI 53933
- **JEFFERSON COUNTY JAIL** 411 S. Center St., Jefferson, WI,
- **RACINE CORRECTIONAL INSTITUTION** for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- **FEDERAL CORRECTIONAL** Satellite Camp, Oxford, WI.
- **THOMPSON FARM**, RT. 2 DEERFIELD, WI.,
- **ROBERT ELLSWORTH CORRECTIONAL**, Union Grove, 53182
- **KETTLE MORAINNE CORRECTIONAL**, Forrest Dr., Plymouth,
- **MILWAUKEE COUNTY HOUSE OF CORRECTION**, 8885 S. 68th St. Franklin WI. Emily J. by Email: mcccoordinator@gmail.com
- **MILWAUKEE COUNTY JAIL** 9th & State Milwaukee WI. Emily J. by Email: mcccoordinator@gmail.com
- **MILWAUKEE SECURE DETENTION**, 1015 N. 10th St. Emily J. by Email: mcccoordinator@gmail.com.
- **MILWAUKEE WOMEN'S CORRECTIONAL CENTER**, 615 W Keefe Ave. Emily J. by Email: mcccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Emily J. at 262-364-7275 or email: mcccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mcccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES FOR YOUR INFORMATION

Milwaukee Central Office: 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
- Area 75 [Corrections](#), [Bridging the Gap](#) or [Treatment](#) write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Southern Wisconsin Deaf Access Committee :** Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

MEETING ROOMS

<p>NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic</p> <p>Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp</p> <p>Tue. 10:00 a. Topic 5:30 p. Big Book 8:00 p. Big Book Gp</p> <p>Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline</p> <p>Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting</p> <p>Fri. 10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.</p> <p>Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)</p> <p>AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships.</p>	<p>PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923 www.passitonclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers</p> <p>Mon. 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA</p> <p>Tue. 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study</p> <p>Wed. 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:15 p. Courage to Change 7:00 p. We, Us & Ours</p> <p>Thr. 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp.</p> <p>Fri. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird</p> <p>Sat. 10:30 a. Happy Joyous Free 7:00 p. Vajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12</p>	<p>LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study</p> <p>Mon. 1:00 p. 4:00 p. 7:00 p. Life House Beginners 8:00 a.</p> <p>Wed. 8:00 a. 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p. 8:00 p. 10:00 a.</p> <p>Thr. 10:00 a. 4:00 p. 5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng Zoom ID: 89239303536, PW: 999525</p> <p>Fri. 8:00 p. Grapevine Mtng 12:30 p. 4:00 p. 8:00 p. Old School House</p> <p>Sat. 10:00 a. Big Book OPEN AA/Al-Anon SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)</p> <p>AL-ANON MEETINGS Mon. 7:00 p. Al-Anon Tue. 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen</p>	<p>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI, 262-549-6541 http://www.alanoclubofwaukesha.com/ (IP)=In-person,</p> <p>Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)</p> <p>Mon. 12:00 p. (IP) 6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)</p> <p>Tue. 12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)</p> <p>Thr. 12:00 p. Nooners (IP) 12:00 p. T.G.I.F. Gp (IP) 6:30 p. Half Measurers (IP)</p> <p>Sat. 6:00 a. Early Morning (IP) 10:00 a. Gp 124 (IP)</p> <p>OPEN MEETINGS, DANCES & EVENTS Call for information.</p>	<p>GALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave LL Milwaukee, WI 53214, 414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com</p> <p>(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#</p> <p>Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon - Papillon Group. (In-person)</p> <p>Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)</p> <p>Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)</p> <p>Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video</p> <p>Friday: (V & IP) 10:30 a.m. AA Step & Topic</p> <p>Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (In- person/Phone/video) The Galano Club is open one half hour before the scheduled meetings.</p>
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<p>NORTHWEST AREA ALANO ASSOCIATION* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone) Room 202 A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202</p> <p>Mon. 7:00 p. Just Do It Gp Rm 202</p> <p>Tue. 10:00 a. Step 8:00 p. Topic</p> <p>Wed. 7:00 p. Step/Topic</p> <p>Thr. 10:00 a. Step 6:00 p. Women's</p> <p>Fri. 8:00 p. Step/Topic (V & IP) 5:30 p. Code 3 Mtng Rm 202</p> <p>Sat. 10:00 a. Sat Serenity Gp 7:00 p. Simply Sober Gp Rm 202</p> <p>AL-ANON MEETINGS Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon</p> <p>*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.</p>	<p>WALWORTH COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888</p> <p>Sunday AA 10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion</p> <p>Monday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting</p> <p>Tuesday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic</p> <p>Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting</p> <p>Thursday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Big Book Gp.</p> <p>Friday AA 7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion</p> <p>Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp.</p>	<p>ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/ A.A. MEETING SCHEDULE</p> <p>Sun. 7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch 6:30 p. Gp 40 Big Book</p> <p>Tue. 7:00 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. Beginner's Meeting</p> <p>Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch 6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics</p> <p>Thr. 7:00 a. Thr Morning Express Mtng 10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. AA (LGBT) All Welcome</p> <p>Fri. 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch 6:30 p. Here & Now 7:30 p. Men's Zoom Meeting 12:15 am. Second Shifters (Sat.)</p> <p>Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step 7:30 p. Open AA Speaker Mtng</p> <p>AL-ANON MEETING Sunday 10:00 a. Al-Anon</p>	<p>H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 mailto:howtoclub8930@yahoo.com https://www.howtoclub.org Hours: 9am to 9pm daily.</p> <p>Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 7:30 p. Sun. Sober & Serene</p> <p>Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp. 10:30 P. What's the Point Gp.</p> <p>Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting</p> <p>Wed. 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group</p> <p>Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going</p> <p>Fri. 6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises</p> <p>Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday</p>	<p>24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 10:00 a. Step/Topic</p> <p>Mon. 6:30 a. Topic 10:00 a. Topic 8:00 p. Men's</p> <p>Tue. 6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book</p> <p>Wed. 6:30 a. Topic 10:00 a. Big Book</p> <p>Thr. 6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad</p> <p>Fri. 6:30 a. Topic 10:00 a. Step/12 & 12 8:00 p. Step</p> <p>Sat. 6:30 a. Topic 8:30 a. Big Book/Steps 10:00 a. Big Book</p> <p>8:00 p. Open Speaker Mtng. (1st Saturday Only)</p>
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In Person AA Groups NEED YOUR SUPPORT

- **Sun. 3 p.m.** Gratitude Plus, Pass It On Club, 6229 W Forest Home Ave, Milwaukee WI
- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Tues. 7 p.m.** Gp 43, Friendship Club, 2245 W Fond du Lac Ave Milwaukee WI.
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- **Thur. 12:15 p.m.** Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

<p>UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com</p> <p>AA MEETING SCHEDULE</p> <p>Sun. 10:30 a.* Gratitude Gp. 8:00 p. Candlelight Gp.</p> <p>Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's</p> <p>Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's</p> <p>Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456</p> <p>Thr. 10:00 a. Big Book</p> <p>Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book</p> <p>Sat. 10:00 a. Here & Now 7:00 p. Big Book Connection</p> <p>AL-ANON & ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon</p> <p>● Open Mtng. 3rd Sunday of month</p>	<p>FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033</p> <p>Email: friendshipinc@sbcglobal.net</p> <p>AA MEETING SCHEDULE</p> <p>Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting</p> <p>Monday 10:30 a. Step Gp</p> <p>Tuesday 7:00 p. Gp 43 Big Book</p> <p>Saturday 10:30 a. Gp 112 Step</p> <p>Call for information on other types of meetings.</p> <p>Email: friendshipinc@sbcglobal.net</p>	<p>12 STEP CLUB 4102 W Townsend St. Milwaukee, WI 53216 (414) 871-0610</p> <p>A.A. MEETING SCHEDULE</p> <p>Saturday: 10:00 a. Beginner's,</p> <p>Call the club for information on AA meetings, meetings for other fellowships and for special events.</p> <p>BEAVER DAM ALANO CLUB 115 N Lincoln St. Beaver Dam WI 53916</p> <p>Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat : 12 Noon & 7 p.m. Open</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212.</p> <p>A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119</p> <p>A.A. MEETINGS</p> <p>Sun. 9:00 a. Gp 10 Sunday</p> <p>Mon. 12:15 p.</p> <p>Tue. 12:15 p.</p> <p>Wed. 12:15 p.</p> <p>Thur. 12:15 p.</p> <p>Fri. 12:15 p.</p> <p>Sat. 9:15 a. 1st Step 10:30 a.</p> <p>We do not meet on major holidays.</p>	<p>LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI</p> <p>AA MEETINGS</p> <p>Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room</p> <p>Monday 7:30 p. Laughs/Leisure</p> <p>Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals</p> <p>Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"</p> <p>Thursday 7:30 p. Alumni No 12</p> <p>Friday 7:15 p. Gp 74</p> <p>Saturday 10:00 a. Gp 59</p> <p>All Saint's Cathedral 818 E Juneau Ave. Milw 53202</p> <p>Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.</p>
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JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone: (_____) _____ - _____

Email: _____

Home Group: _____



Years

Name

Home Group

23, 3-31-2024	Fran M.	Waukesha WI.
43, 2-25-2024	Bob (Muff) M.	Walworth Alano
47, 3-20-2024	Huston S.	Group 56, Thurs.
34, 3-12-2024	Tom W.	Turning Point Sun.
39, 3-18-2024	Annette C.	Women's Lifeline



Come Join Our Tuesday Nite Impaired Professional AA Meeting



Tuesday nights at 7:30
 Holy Trinity Lutheran Church
 11709 W. Cleveland Ave., Milwaukee [Map](#)

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150.
Hope to see you there!!

HAND OF AA TUESDAYS 7 PM



"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that, I am responsible."
 -AA Responsibility Statement

The Hand of AA Group meets in person and online Tuesdays at 7 PM CT. It is a literature meeting where a topic is taken from either conference approved literature or the AA Grapevine.

1st Week: Step
 2nd Week: Open
 3rd Week: Tradition
 Other weeks: Topic

To join us in person: We meet at Mount Zion Lutheran Church 12012 W North Ave, Wauwatosa WI 53226. Parking and the entrance are behind the church off 120th St.



For Zoom:
 Meeting ID "544 131 1866"
 Password: 414

Or use the QR code to see the web page and a direct Zoom link



LGBT AA Meeting
 All AA members are welcome
Sunday afternoons at 4pm

located in

MKE LGBT CENTER
 315 W Court Street
 Milwaukee, WI 53212



Accessibility Lift in building
 and plenty of parking in lot adjacent to the building
 Any questions, call (414)617-1152

"Alcoholics Anonymous is a fellowship of persons who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking."

<https://www.aa.org/>

Posted Dec. 2023



Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet each Friday of the month beginning April 1st and would like couples or singles working any 12 step program to join us

At 7:30 pm



St. Pius Church
 2520 N. Wauwatosa Ave. (76th St.)
 Just north of North Ave.

[Click here for Map](#)

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)



**Fox Point Group 86:
Reaching Out,
Join Us on Zoom Monday
Evenings.**

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's Alcoholics *Anonymous*.

You will find a warm welcome to a lively and amiable group living one day at a time.

<https://zoom.us/j/8700953588>

**Support needed for the Helping Hand Gp.
Nativity Lutheran Church
6905 W Bluemound Rd.
Wauwatosa, WI. [Click for map.](#)
Wednesday Night at 8:00 PM**



Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use Venmo from your smartphone.

[@MilwaukeeCentralOffice-AA](#)

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code
To Contribute
Using
VENMO



GROUP 60

After 50 plus years

Our meeting

No longer meets at 8:00

Our meeting will start at 7:00

Beginning March 6, 2024

We are still meeting on Wednesday's

Jackson Park Lutheran Church
4535 W. Oklahoma Ave.
Milwaukee 53219





Founders' Day Herald

89th Anniversary of Alcoholics Anonymous

June 7, 8, & 9, 2024 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m.

Discussion of One Step Per Hour
Chaired by: Mary K.

A.A. Early Bird Meeting* • 3:00 p.m.

Ron M. - Louisville, OH
"Never Missed A Founders Day"
Chaired by: Jeanne R.

Actors Guild Play • 5:00 p.m. & 8:00 p.m.

"Snow White And The Seven Character Defects"

A.A. Speaker Meeting* • 7:00 p.m.

Will M. - Sergeant Bluff, IA
"Good Is The Evil Of Great"
Chaired by: Karen K.

Serenity Singers • 8:00 p.m. - 9:00 p.m.

Olin Hall

A.A. Speaker Meeting* • 9:00 p.m.

Debbie G. - Vista, CA
"AA Gives Us Sobriety And The Tools For Living"
Chaired by: Scott T.

Junta en Español • 9:00 p.m. - 11:00 p.m.

Open Discussion
Chaired by: Hay una solución

A.A. Alkathon • 11:30 p.m. - 2:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites

9:00 a.m. - 4:00 p.m.
2 buses continuously - Bierce Circle

A.A. Archives

Located in Akron Intergroup Office
(Stop on bus tour)

The 12 Traditions • 9:00 a.m.

Debbie D. - Concord, CA
Chaired by: Jerry C.

A.A. Old Timers' Panel* • 10:30 a.m.

Topic: "It Should Continue For Our Lifetime"
Ethel N. - Philadelphia, PA
Jim B. - Jamestown, NY
Don C. - Colorado Springs, CO
Chaired by: Jerry C.

La Viña Workshop • 11:00 a.m. - 3:00 p.m.

El Coordinador: Raymundo L. and
Hay una solución

Actors Guild Play • 12:00 p.m. & 2:30 p.m.

"Snow White And The Seven Character Defects"

A.A. & Al-Anon Speaker Meeting* • 12:30 p.m.

Speakers - Kelly P. & Jeff M. - Helena, MT
"Manufacturing Misery or Learning Love: Growing in Recovery"
E.J. Thomas Hall Chaired by: Julie & Adam C.

A.A. Speaker Meeting* • 2:00 p.m.

Drew E. - Altantic Highlands, NJ
"Inspiration-Desperation-Perpetuation"
Chaired by: Mary K.

The History of Our Big Book • 4:00 p.m.

Presented by: Gail L. - Akron, OH
Chaired by: Jeanne R.

A.A. Speaker Meeting* • 8:00 p.m.

Jeff V. - Fargo, ND
"Happy, Joyous and Free"
UA Infocision Stadium**
Chaired by: Aaron K..

****Stadium Weather Contingency Plan
for Saturday Night - See Web Site**

DANCE! DANCE! DANCE!

10:00 p.m. - 1:00 a.m.
Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE*

7:30 a.m.
Motorcycle procession and graveside
memorial tribute to Dr. Bob & Anne S.
Speaker: Dolly A. & Paul G. - Akron, OH
Chaired by: Karen K.

A.A. Spiritual Panel Meeting • 9:00 a.m.

Topic: "A Moment Of Clarity"
Heather F. - Akron, OH
Trina R. - Olean, NY
Daryl M. - Cleveland, OH
Chaired by: Juanita W.

A.A. Closing Speaker Meeting*

10:30 a.m.
Ralph W. - Los Angeles, CA
"I'm So Glad God Doesn't Make
Misery Comfortable"
Chaired by: Tony T.

AL-ANON

FRIDAY ACTIVITIES

Al-Anon Panel • 1:00 p.m.

Topic: "Sponsorship; A Piece Of The
Al-Anon Puzzle"
Barbie C. - Lancaster, PA
Brandy F. - New Paris, OH
Erica B. - Toronto, Ontario, CA
Lisa F. - Madison, CT
Olin Hall Chaired by: Leslie S.

Al-Anon Panel • 2:30 p.m.

Topic: "Double Winners; Doubly Blessed"
Barbie K. - Akron, OH
Marc W. - Canton, OH
Janet F. - Akron, OH
Olin Hall Chaired by: Ian R.

Al-Anon Workshop • 4:00 p.m.

Topic: "Made A List Of All Persons We
Tried To Help - An 8th/9th Step Workshop"
Barbie C. - Lancaster, PA
Brandy F. - New Paris, OH
Lisa F. - Madison, CT
Olin Hall Chaired by: Evette W.

Al-Anon Speaker Meeting • 6:00 p.m.

Evette W. - San Francisco, CA
"Two Sides of the Same Coin; The Family Disease and Solutions"
Olin Hall Chaired by: Mary Anne C.

AL-ANON

SATURDAY ACTIVITIES

Al-Anon Workshop • 9:30 a.m.

"Resentment Ball - Removing the Boogie Man from Step 4"
Brandy F. - New Paris, OH
Evette W. - San Francisco, CA
Olin Hall Chaired by: Kristina H.

Alateen Panel • 11:00 a.m.

"Let It Begin With ME"
Olin Hall Chaired by: Lynda M.

A.A. & Al-Anon Speaker Meeting* • 12:30 p.m.

Speakers - Kelly P. & Jeff M. - Helena, MT
"Manufacturing Misery or Learning Love: Growing in Recovery"
E.J. Thomas Hall Chaired by: Julie & Adam C.

Al-Anon Speaker Meeting • 3:00 p.m.

Ken T. - Girard, PA
"Alateen to Al-Anon - Living Serenely"
Olin Hall Chaired by: Jane M.

Program Spoken Here

4:30 p.m. - 5:30 p.m.
Olin Hall Chaired by: Irena H.

REGISTRATION

UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m.

Saturday 8:00 a.m. - 6:00 p.m.

Registrations must be picked up by

6:00 p.m. Saturday - NO EXCEPTIONS!

Package Plans must be picked up at designated
dormitories. Check confirmation letter or e-mail.

Coffee & Fellowship Room Student Union

A.A. Literature Sales

Friday 8:00 a.m. - 8:00 p.m.

Saturday 8:00 a.m. - 5:00 p.m.

CREDIT CARDS ACCEPTED!

* A.S.L. INTERPRETER



**CLEAR BAGS REQUIRED
SEE INSIDE FOR MORE INFORMATION**

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A.

Name badges & ribbons must be worn for admittance to all meetings — NO EXCEPTIONS!